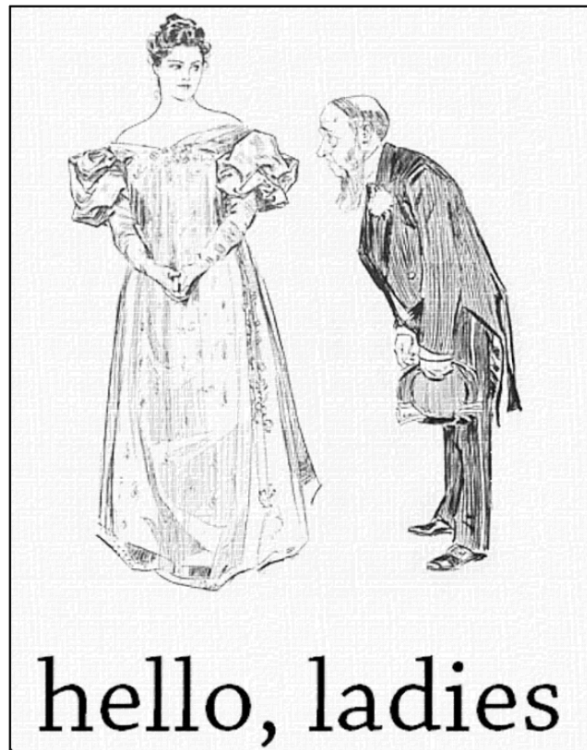


BUSTED: The Booby Trap



This is a Zine About:

Boobs, Bras, Tits, The Big Titty Committee, Breastfeeding (you do you!), Bosom Pals, Boobies, Jugs, Titties, Bustlines, Nips, The Thesaurus Also Lists "Bristols" as a Related Slang Term (who knew?), Breasts, Wrinkly Boobs, Chest Wrinkle Prevention Tips from YooToob (for real, late stage capitalism is a goddamn trip), Perverts, Mild Head Injuries, Possible Suffocation, The Pink Tax, Indecent Exposure, A Weird Tingling Numbness in My Arms, & Other True Enough Facts

Hello! If you're a person with boobs, a person who hates their boobs, a person who thinks this wee book might be an opportunity to look at images of boobs (here you go: (.) (.) ahhh! now I'm trapped in a parenthetical!), boob-curious, or some elusive combination / permutation that I have not yet considered... read on! Or don't! Do as thou whilst.

If you're here because you have ever said out loud that "more than a mouthful is wasteful," please remember that some sentiments are inside thoughts & you have everyone's unbridled permission to keep them there.

If you're here because you're a man who has ever said to his daughter "you got your big boobs from the genes on *my* side of the family!" then hi, Dad, you might want to stop reading now. (And uh, thanks, I guess?)

If you're here because one time when I was 13 (& an "early bloomer") I wore a t-shirt with tiny font across the chest that said "stop staring at my boobs" & you are my friend's dad who got

really close to read the *tiny font*, know that I will die mad at you, but I also appreciate the gift of irony in the situation as a literary device for my current writing project.

You can't please everyone, and frankly most people aren't worth the bother, so I'll just please myself and write up some tit bits (not a typo) to share with you, along with Breast Wishes (not a typo) and Warmest Regards.

* * *

I mean, what are we even talking about?

boobs

"breasts," 1929, U.S. slang, probably from much older term *boobies* (late 17c.), related to 17c. **bubby**; all perhaps ultimately from Latin *pupa*, literally "little girl," hence, in child-talk, "breast." Or else it is a natural formation in English (compare French *poupe* "teat," German dialectal *Bubbi*, etc.).

bubby

"a woman's breast," 1680s, of uncertain origin. Compare **boobs**.

Thanks for this, etymologyonline!

Let me tell you about this one time that I got a
massage and they had this “Lady’s Comfort Pillow” (or
perhaps titty bolster?) on the table, so when you laid
face down your boobs had a place to go that wasn’t
just totally
* SMOOSHED. *



Such convenience! Such comfort! Such decadence!
Such a basic principle applied for the stomach
sleepers among us who can’t get comfortable due to
the obstructions caused by sacks of yellow fat. (cf
“Heavy Boobs,” a magnificent melody composed by
Rachel Bloom)

I gotta say, being able to lay on my stomach while still
breathing was an experience that kind of made me
appreciate the ridiculous inventions and excesses of
late-stage capitalism. For a second.

But as always, some segment of humanity took the thing too far and made it not fun anymore. You can apparently purchase a similar style of bolster marketed as an anti-aging pillow:



Question: WHY do you need to age-proof boobs?!

Time sensitive follow-up inquiry: Would I be older than my boobs if they stopped aging from using this pillow? WOULD THEY OUTLIVE ME!?



Chest Pillow for Wrinkle Prevention



Question: WHY do you need to prevent chest wrinkles?! I thought climate change or halting genocide were pressing concerns, but clearly I am misguided in my assumptions.



This is from Etsy, and I think it's funny, but I was once ogled by Leon Lederman. (This is a great example of using the passive voice, and poorly!) That is not a flex. It was weird. So I can't wear the funny bra, because these things happen without it!

One time at Safeway in 2018, a dude in front of me in line told me "My wife had big breasts like you." Here's the dude and a movie I bet he would appreciate:



In 2023, I made a note to include information in this zine about bras and boobs and breast reduction and breast cancer scares. But that's kind of a lot to cover in 6-8 pages. So I'll just list all those things here for you to worry about in your free time. ALSO, bonus, did you know that your arms can fall asleep if you wear a crappy nursing bra for too many years?! Because apparently the straps cut off circulation to, you know, your arms. So get a good bra! Maybe a Polish one? (Another h/t to Helen for that suggestion, I think. Or the subreddit thread about Polish bras. IDK.)

This got so much love on kickstarter:

BRALISSE supports each breast individually and lifts up to 4", giving you a natural, perky breast shape with a braless sensation.

And these bras are \$200! (as of 2026)

While I was working on this zine (again) in 2026, I tried to look in my own Google images (I know, I know) for "bra," and nothing came up – but "brassiere" brought up some of these gems that I had been hoarding in screenshot form like a deranged digital magpie. What a hill to die on, Google! (Ditto "breasts" – zero results -- versus "chest" – which included many photos of [mostly clothed] boobs! I mean, I did some tandem nursing in my day.)

I am not affiliated with @candlelit in any way, but I do appreciate their work. (As advertised in 2022 on Instagram, proving that targeted marketing gets results!) In 2021, Instagram told me:

**"HAVING LARGE BOOBS
IS SUCH A STRUGGLE"**

Where is the lie, I ask you?!

Most Liked Negative Review



Does not fit big bras

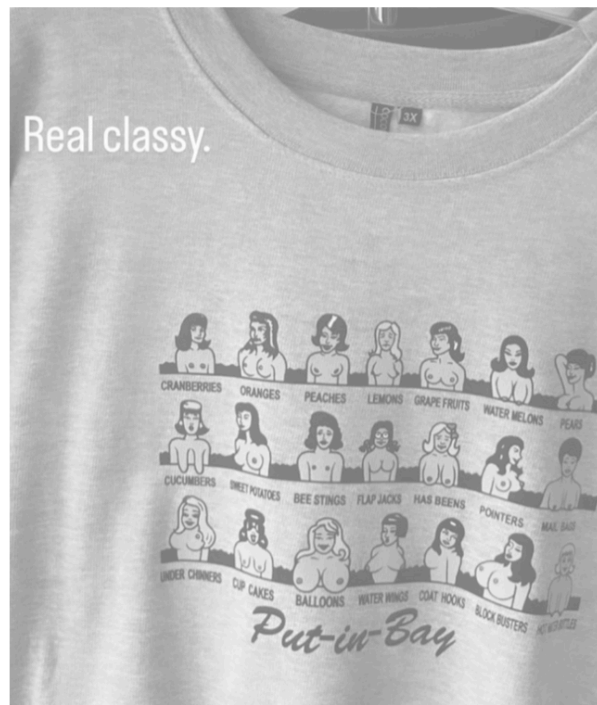
The box says it fits up to a D cup, but they should specify that it only goes to about a 34D (I'm guessing). My 40D did NOT fit- they kept popping out, and they sat too high in the slot so that when I went to push the drawer in, the tops got crushed by the drawer above. Sending them back. They need to work on the design a bit more for those of us with bigger sizes. However, I WOULD recommend them to someone with a smaller bra size- they are pretty nifty for organization.

Can't even *store* the bras that come in big sizes.

On the other hand...

 AMANDA I JUST LEARNED THAT
BOOBYTRAP BACKWARDS SPELLS PARTY
BOOB 😄😄😄😄😄

From Christina (2025).

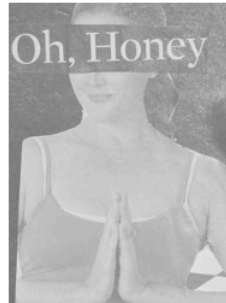


This one's from Brit (circa 2023).

Emily Murnane @emily_murnane

Would a male author describe your breasts as:

- A) Small, but persistent
- B) Bountiful but unimaginative
- C) Stern, but not without charm
- D) Perky and nonjudgmental
- E) Shy, but good listeners
- F) Robust and welcoming
- G) Shriveled, dusty to the touch



My sentiments at left, WTF Temu at right

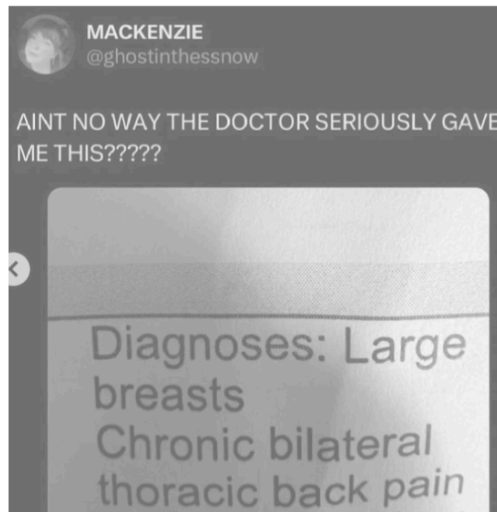
Clearly, I have more to say on this topic, because I collected this assortment in 2025:



Hat tip to Helen for discussing this topic with me regularly / endlessly and also for recommending:

“Boobs! The Musical:

The World According to Ruth Walli”



This one's not from Helen,
but it's definitely *for* Helen (with love).



My favo(u)rite miniature ever is the
Preiser 28124 HO Lady Undressing



I turned them into earrings called
"Returning the Female Gaze"

Wikipedia tells us:

Heracles suckled so strongly that he caused Hera pain, she pushed him away, and her milk sprayed across the heavens, forming the Milky Way.

So there's that.

The Booby Trap is a zine created in Hyde Park, Chicago, Illinois, based on decades of conversations and experiences as a big-busted lady living in a specific segment of the world where that is prized or vilified, depending on the (a)mand(da).

Dedicated to my good Canadian friend whose roller derby name I'm pretty sure is Von Hellzen, and to my mom who is a certified lactation consultant and might be completely horrified / appalled by this zine (but maybe not – she thinks that some things are pretty hilarious and this might be one of those things).

For more zine-related content visit this specifically obnoxious URL which I can't promise won't change:
www.murphyao.com/studio/zines

Started in January 2024,
then finished in May 2026
because what even is time

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